



# *The Code*

## ***Ten Intentions for a Better World***

To have The Code work in your life, say it once a day.

### ***The First Intent – Support Life***

I refrain from opposing or harming anyone. I allow others to have their own experiences.

I see life in all things and honor it as if it were my own. I support life.

### ***The Second Intent – Seek Truth***

I follow my inner compass and discard any beliefs that are no longer serving me.

I go to the source. I seek truth

### ***The Third Intent – Set Your Course***

I begin the creative process. I give direction to my life. I set my course.

### ***The Fourth Intent – Simplify***

I let go so there is room for something better to come in. I intend that I am guided, guarded, protected and lined up with the Highest Good at all times.

I trust and remain open to receive from both expected and unexpected sources. I simplify.

### ***The Fifth Intent – Stay Positive***

I see good, say good, and do good. I accept the gifts from all of my experiences.

I am living in grace and gratitude. I stay positive

### ***The Sixth Intent – Synchronize***

After intending and surrendering, I take action by following the opportunities that are presented to me. I am in the flow where Great Mystery and Miracles abide, fulfilling my desires and doing what I came here to do. I synchronize.

### ***The Seventh Intent – Serve Others***

I practice love in action. I always have enough to spare and enough to share.

I am available to help those who need it. I serve others.

### ***The Eighth Intent – Shine Your Light***

I am a magnificent being, awakening to my highest potential.

I express myself with joy, smiling easily and laughing often. I shine my light.

### ***The Ninth Intent – Share Your Vision***

I create my ideal world by envisioning it and telling others about it.

I share my vision.

### ***The Tenth Intent – Synergize***

I see Humanity as One. I enjoy gathering with light-hearted people regularly.

When we come together, we set the stage for Great Oneness to reveal itself.

We synergize